

Workshop Supplies for 'Working with Texture: Introduction to Grounds and Relief Painting' with Tanya Slingsby

Note: If you already paint in acrylics, bring your supplies to the workshop and purchase the grounds and mediums you do not have in the 'Important/Necessary' list. There's no need to buy a lot of new supplies. I've prepared this list to show what can be used. If you're new to acrylic painting, there is a short/starter list of paints that you may want to start with at the bottom of this page. Please contact me at info@tanyaslingsby.com if you have questions about supplies.

Prices can be found online at:

www.opusartsupplies.com

<http://www.deserres.ca>

Palette and paint box

- Disposable palette papers 12" X 16" or equivalent (Sta-Wet), or a dry or easy peel palette if preferred
- "Fishing tackle" or container to store paint. **ArtBin** brand is good. You may want various boxes, one each for warm and one for cool colors and another for your mediums, brushes, etc.

Paint

Artist quality (not student grade) paint is recommended. (You should also be using "artist quality" paint and brushes as well.) You will get the most out of the workshop and all the painting you do if you have good supplies. As you use your paints, you'll become familiar with them: how they mix with other colors, and the qualities of the paint itself (color, gloss, transparency, viscosity, etc.).

Preferable brands are **Golden** (available at most art stores), **TriART** and **Liquitex**. Colors differ depending on the manufacturer.

This is a good selection of starting colors

White & Black

Titanium white (large tube or jar)

Titan Buff

Black

Blues

Ultramarine blue (warm)

Pthalo blue, green shade (cool)

Yellows

Cadmium Yellow Medium (warm)
Cadmium Yellow Light (cool)
Quinacridone Gold (**Golden**) (warm, greyed)

Greens

Green Gold (warm) (**Golden**) (optional)
Sap Green Hue (warm) (optional)

Reds

Cadmium Red Medium (warm)
Quinacridone Magenta (cool)

There are many other colors available that you may want to try. Choose colours you like:

Light Violet/Medium Violet
Cobalt Teal (**Golden**)
Quinacridone Burnt Orange
Burnt Sienna (warm)
Dioxazine Violet
Jenkins Green (**Golden**) (cool, grayed)

Value Option, Paint Starter Set

If you are buying acrylic paint for the first time, you may want to buy just the minimum number of colors and then fill in as you go along. Here is my recommendation for a starter set of colors:

Titanium White (large tube or jar)
Cadmium Yellow Medium
Cadmium Yellow Light
Quinacridone Gold (**Golden**)
Ultramarine Blue
Pthalo Blue, Green Shade
Quinacridone Magenta
Cadmium Red Medium
Black
Green Gold (**Golden**)
Sap Green (**Golden**)

Some sets include: Golden Open Set Tradition Colours, Golden Principal Colour Mid, and Liquitex Basics (these come in different sizes)

Painting Surfaces

For a one-day workshop, bring at least 2-3 small to medium painting surfaces and a pad of canvas paper. You can paint on almost anything with acrylic paint: see choices, below.

Unless the surface has been prepared, you will need to apply 1 to 3 coats of gesso before painting (sand lightly between coats). Use Golden GAC 100 as a barrier layer to keep chemicals and colors from seeping through (if you are painting on Masonite or porous surfaces). You can also use a thick gesso (Golden or Liquitex recommended).

- Stretched canvas (buy prestretched canvas: Most art stores sell pre-stretched canvas. Buy canvases with staples or cord on the back, not on the edges. Make sure the canvas is stretched evenly and tightly). These are almost always pre-gessoed.
- Multi-media board or mat board
- Ampersand Gessoboard, Clayboard, or cradled board (cradled board doesn't need to be framed)
- 3/8" Masonite (buy this at hardware stores. Have them cut it to the size you want) (be sure to use GAC 100 to prep)
- 140 or 300 lb. watercolor paper or other heavy paper or Bristol board (gessoing is optional)

Brushes

Wash, filbert and round brushes are preferred. Synthetic bristles are best for acrylic painting. Natural bristles become water-logged and often shed. You will need a variety of sizes, (e.g. #4, #6, #8, #10) and 1 wash brush that is 1" to 3" across. I also have a few rounds in varying sizes for detail work. I will have some brushes for you to try. Everyone has their own brush preferences.

Other Supplies

****Important/Necessary**

- Lunch and snacks/ drink, or lunch can be purchased at Citysquare Shopping Centre
- Clothes and shoes you can comfortably paint in
- The Golden Medium set of 6 or a series of mediums of your choice: Soft gel, regular gel, extra heavy gel, regular gel, clear tar gel
- Golden Intro Ground Set or a series of grounds media: molding pastes (course, light, regular), fine or heavy pumice gel, black sand gel, crackle paste, fibre paste, ground for pastels
- Acrylic brush cleaner (dish soap also works)
- 9" x 12" sketch book, pen, pencil, eraser
- Palette knives, plastic or metal (preferably a set of different types)
- 2 rolls of paper towels or a grocery bag with clean, absorbent rags (low lint)
- Plastic bag for
- Water containers (2)(large enough to hold brushes and not fall over)

- Spray bottle (preferably one designed for watercolours or a aerosol type from the cosmetic section in the drug store, such as Evian Atomizer)
- Latex/Nitrile gloves or barrier cream (to protect hands from paint)
- Spiral notebook & pen for notes and journaling (or you may use sketch book for all notes & sketches)\
- Pad of canvas paper

Optional

- Interesting papers, or leafing (gold, silver or bronze) etc. for collage/layering
- Any other acrylic mediums
- Collage materials (colored/textured papers, fabrics, and other things to glue to painting)
- Table Easel
- GAC 100 (Golden brand: if you paint on wood or masonite)

If you have any questions or concerns about the supplies list, please contact Tanya Slingsby at info@tanyaslingsby.com, 778 889 4240.